TEXAS A&M AGRILIFE EXTENSION

# <Wisdom, Power, Control>

Each Tuesday beginning March 7th and running through March 28th, 2023

**<2:00pm – 4:00pm>**

**McLennan County Extension Office**

**4224 Cobbs Dr.**

**Waco, TX 76710**

**To reserve your spot, call (254) 757-5180 or**

**Email Candace.Chapman@ag.tamu.edu**

Do you have Type 2 diabetes? Do you want to be healthier? If so, Wisdom, Power, Control is a program for you. Learn how to live healthy, how to control your diabetes, and be empowered.